

# Chilli lime dressing



[123DietDrops.com](http://123DietDrops.com)

## Ingredients:

- 2 TBS freshly squeezed lime juice
- 1/2 tsp chilli powder
- 1/4 tsp salt
- 4 TBS apple cider vinegar

## Directions:

Combine all ingredients in a small jar with a tight fitting lid. Shake vigorously for 30 seconds until emulsified.

# Mint sauce



[123DietDrops.com](http://123DietDrops.com)

## Ingredients:

- 4 TBS apple cider vinegar
- 1 TBS fresh ground mint
- 1/4 tsp salt
- 1/4 tsp stevia

## Directions:

Combine all ingredients in a small jar with a tight fitting lid. Shake vigorously for 30 seconds until emulsified.

# Pepper vinaigrette



[123DietDrops.com](http://123DietDrops.com)

## Ingredients:

- 4 TBS apple cider vinegar
- 1 tsp ground pepper
- 1/4 tsp garlic salt
- 1/4 tsp stevia

## Directions:

Combine all ingredients in a small jar with a tight fitting lid. Shake vigorously for 30 seconds until emulsified.

# Radish Relish

123DietDrops.com



## Ingredients:

- 7 Radishes
- 3 TBS apple cider vinegar
- 1 tps salt
- 1 tps pepper
- 1/4 tps stevia

## Directions:

Combine apple cider vinegar with spices and stevia.

Finely dice radishes and marinate them in the apple cider vinegar mixture over night (or for a few hours)

Serve with Mini (Melba) Toast

# Tangy lemon mustard dressing



[123DietDrops.com](http://123DietDrops.com)

## Ingredients:

- 2 TBS freshly squeezed lemon juice
- 1/2 tsp mustard powder
- 1/4 tsp salt
- 4 TBS apple cider vinegar

## Directions:

Combine all ingredients in a small jar with a tight fitting lid. Shake vigorously for 30 seconds until emulsified.